

Report

On

Rashtriya Poshan Abhiyan

Gram Panchayat Dharech- A Volunteer activity

The Hill Agriculture and Rural Development Promotion Society celebrated Rashtriya Poshan Mah along with CDPO Theog who organised the programme on 11-09-2024 in Dharech Gram Panchayat Development Block Theog. The report of this voluntary activity is as follows:

Place:	Gram Panchayat Dharech, Development Block Theog, District Shimla.
Date:	11-09-2024
Participants:	Anganwari supervisors, Anganwari workers, helpers, Medical Officer PHC Dharech, Pradhan Gram Panchayat Dharech and PRI members, Community of Dharech Gam Panchayat, and Chairman, Executive members, CEO, Account Manager of HARP (in all the participants were more than 80).

Under the programme “Rashtriya Poshan Mah of Rashtriya Poshan Abhiyaan” the Hill Agriculture and Rural Development Promotion Society (HARP) celebrated Rashtriya Poshan Mah along with anganwari supervisors, anganwari workers, helpers, and community of Dharech Gram Panchayat on 11-09-2024. More than 80 participants enthusiastically took part in this activity and took a pledge to actively promote and practice good nutrition habits in their daily lives.





As a volunteer activity, the HARP society members also actively participated in this noble cause. The event included exhibitions of self-made nutritional food, fruits, vegetables, cultural activities (play, song, dance, etc.) and informative sessions (PPT presentation by HARP) on the importance of health and nutritional food related awareness, highlighting the significance of nutritional food for women (dhatri mahilayan), pregnant women, and children.







In addition to this, a documentary film was also played in this abhiyan related to delivery women cleanliness and breast feeding to new-born baby. Godh Bharai rasm (baby shower) and Annprashn (Anndiksha) also performed in this abhiyan. The Chirman HARP, DR. RS Ratan,

expressed their gratitude to all those involved and expressed hope for the better health of women (dhatri mahilayan), pregnant women, and children.



He emphasized the need for continued efforts in spreading awareness about the importance of proper nutrition and health practices in the community. The success of the event was evident with the increased awareness and enthusiasm shown by the participants, gesturing a positive step towards improving the health and well-being of the community especially women (dhatri mahila), pregnant women and children.

The Hill Agriculture and Rural Development Promotion Society

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